

Type 1 Diabetes Travel Checklist

	Supplies	Chargers	Adhesive	Water	Other
Insulin	<input type="checkbox"/> Fast-acting insulin <input type="checkbox"/> Long-acting insulin <input type="checkbox"/> Syringes <input type="checkbox"/> Pen needles <input type="checkbox"/> Alcohol pads				<input type="checkbox"/> Ice pack <input type="checkbox"/> Insulin cooler <input type="checkbox"/> Frio bags <input type="checkbox"/> Needle clip
CGM	<input type="checkbox"/> Sensors (different lot numbers) <input type="checkbox"/> Receiver <input type="checkbox"/> Transmitter	<input type="checkbox"/> Receiver charger <input type="checkbox"/> Phone charger <input type="checkbox"/> Backup Battery	<input type="checkbox"/> Dexcom Overpatches <input type="checkbox"/> SkinTac <input type="checkbox"/> Vet Wrap	<input type="checkbox"/> Dexcom arm band <input type="checkbox"/> Overpatch Shield <input type="checkbox"/> Phone water case	<input type="checkbox"/> Running belt
Pump	<input type="checkbox"/> Pods (different lot numbers) <input type="checkbox"/> Extra PDM	<input type="checkbox"/> PDM charger <input type="checkbox"/> Portable battery	<input type="checkbox"/> OmniPod Overpatches <input type="checkbox"/> SkinTac <input type="checkbox"/> Vet wrap	<input type="checkbox"/> Omnipod arm band <input type="checkbox"/> PDM water case	<input type="checkbox"/> Safety pin (screamer) <input type="checkbox"/> Duct tape (static)
BG Testing	<input type="checkbox"/> Glucose meter <input type="checkbox"/> Glucose test strips <input type="checkbox"/> Lancer <input type="checkbox"/> Lancets	<input type="checkbox"/> Meter batteries		<input type="checkbox"/> Water backpack	<input type="checkbox"/> Tissues/cotton balls <input type="checkbox"/> Hand wipes <input type="checkbox"/> Hand sanitizer
Low Supplies	<input type="checkbox"/> Fast acting sugar (candy) <input type="checkbox"/> Glucose tabs <input type="checkbox"/> Glucose gel/cake icing <input type="checkbox"/> Juice <input type="checkbox"/> Beef jerky/protein bars				
Sick Day	<input type="checkbox"/> Ketone blood meter <input type="checkbox"/> Ketone blood strips <input type="checkbox"/> Ketone strips	<input type="checkbox"/> Ketone meter batteries		<input type="checkbox"/> Motion sickness pills	<input type="checkbox"/> Thermometer <input type="checkbox"/> Zofran <input type="checkbox"/> Imodium <input type="checkbox"/> Fever reducer <input type="checkbox"/> Band-Aids
Emer-gency	<input type="checkbox"/> Baqsimi Nasal Spray <input type="checkbox"/> Glucagon Emergency Kit				<input type="checkbox"/> Find closest children's hospital <input type="checkbox"/> Endo contact information <input type="checkbox"/> Medical record #
Skin			<input type="checkbox"/> Oil (adhesive removal)	<input type="checkbox"/> Aloe <input type="checkbox"/> Sunscreen	<input type="checkbox"/> Aquaphor <input type="checkbox"/> Hydrocortisone cream <input type="checkbox"/> Neosporin <input type="checkbox"/> Bug spray
ID & Docs	<input type="checkbox"/> Medical ID bracelet <input type="checkbox"/> Tiles for devices				<input type="checkbox"/> Label/tag supply case and daily bag <input type="checkbox"/> Passport <input type="checkbox"/> COVID Vaccination card/ PCR Test <input type="checkbox"/> Travel letter from Dr. <input type="checkbox"/> Insurance Card <input type="checkbox"/> Prescription labels
Misc	<input type="checkbox"/> Smart watch <input type="checkbox"/> Smart watch charger			<input type="checkbox"/> Water shoes	<input type="checkbox"/> Money (\$0.25 and \$1) <input type="checkbox"/> TSA Cares Reservation <input type="checkbox"/> Adjust time on medical devices <input type="checkbox"/> Ziplock Bags <input type="checkbox"/> Personal fan <input type="checkbox"/> Cooling towels